

# PRESS RELEASE

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## Summerland Publishing Releases "**Sea Change: The Uncertain Realm of the Married**" by Patsy Garlan -- *Kennedy Era Lives!*

Like Chris Matthews (news anchor, political commentator, and author of "Jack Kennedy: Elusive Hero" and "Kennedy and Nixon"), Author Patsy Garlan was inspired to write a novel set during the Kennedy era.

"Sea Change" takes place in mid-November, 1963. The new decade is just at the cusp of the expanding Civil Rights movement, of the rising tide of women's rights and the Sexual Revolution, of the upcoming Vietnam War, with young people on campuses in open rebellion against the established order. The onrushing events are an undercurrent of the story, and as Katherine challenges her customary, customized world, she embodies the changing times and a new generation of Americans. *Sea Change* ends five days before the assassination of President Kennedy in Dallas and the awakening of America.

Today, when our world is again undergoing great change, there is a familiar resonance in *Sea Change* for thoughtful readers of all stripes. The conflict is one of reason and passion with regard to marriage – in a period of complex, even chaotic, social and sexual mores, where the options are not only *either/or* but, sometimes, *both/and*. *Sea Change* has a particular poignancy for those who may be questioning the rightness of their marriage. Or exploring who they are and what they may discover within the reality of their own awakening.

The main character, Katherine Somerset, is a lovely woman married to a rich, charming man, with three well-behaved children and seemingly everything an educated, cultivated woman in her thirties could wish for. Yet she is unaccountably dissatisfied with her life. Endowed though she is with beauty and wealth and a modicum of happiness, she realizes that her engagement with life is superficial and that perhaps there is another, deeper self, waiting to emerge. So she sets out on a journey – a journey of self-discovery – and falls under the spell of *two* totally inappropriate people – a beguiling brother and sister, who compete in her seduction. And thus begins her awakening.

Patsy Garlan has published poetry, personal essays, syllabuses for drama students, and, with co-author Maryjane Dunstan, two college texts about the future (Prentice Hall), and two children's books set in Burma (The Viking Press), where she lived for a year with her then husband and their four children.

- "Blithe Spirit", a tribute, Reed College Alumni Magazine, Winter, 2010
- "A Link to the Living", a personal essay, *The Atlantic*, Boston, May, 2000
- "Doggone", a personal essay, *The Atlantic Monthly*, Boston, December, 1997
- "Star Sight: Visions of the Future", Garlan & Dunstan, Prentice Hall, 1977
- "Worlds in the Making", Garlan & Dunstan, Prentice Hall, NY, 1970
- "The Boy Who Played Tiger", Garlan & Dunstan, The Viking Press, 1968
- "Orange-Robed Boy", Garlan & Dunstan, The Viking Press, New York, 1967

"Sea Change: The Uncertain Realm of the Married" by Patsy Garlan

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For more information, email [SummerlandPubs@aol.com](mailto:SummerlandPubs@aol.com)